

# HHI At-a-Glance

Jan - Feb 2013

## Southeast Region

On December 3 2012, The Arkansas County Partners in Health along with the Arkansas Department of Health teamed up to present bicycle safety information to the children participating in the Park Avenue Elementary 21st Century after school program. The students were able to see a live



demonstration on how a bicycle helmet should fit. A short presentation was also given on how to dress for cycling when it is dark outside and proper use of hand signals while riding.

Students were also taught how to prevent other bike related accidents. As part of the staying safe demonstration the students were educated about proper hydration while playing. Local community members donated 4 bikes that were given to students who did not have bikes. The Arkansas Department of Health was able to provide 4 helmets as well as 2 reflectors to students. 56 students participated in grades 1-4.

## Southwest Region

Two students, from the Cossatot Community College of the University of Arkansas, won a \$500 scholarship to the college at the Grand opening of the Cossatot Health Center. The center is located on the south side of the Sevier County Campus. The center is open each Tuesday and treats

patients on a sliding fee scale. The grand opening featured a workshop



sponsored by the Million Hearts Campaign focusing on cardiovascular health. Pictured is scholarship winner Alex Parson, Cossatot Financial Aid Administrative Specialist, Shawna Stinnett and scholarship winner Denver Strang.

## Hometown Health Improvement



## Northeast Region

**Greene County**—The Greene County Health Department in Paragould was one of two Arkansas WIC sites randomly selected to participate in a nationwide longitudinal study to document the



feeding practices of infants and toddlers. On a national level, the WIC program supports the health and nutritional needs of nearly one-half of all infants in the United States. A few objectives include: assess

conditions of overfeeding and overconsumption; assess the impact of WIC food packages on outcomes; and determine changes in feeding practices and behaviors over time as infants and toddlers transition into or out of WIC. Nearly 8,000 WIC participants from 80 selected WIC sites will be asked to participate. Recruitment of mothers and infants data collection will begin in early 2013. Collection of data on toddlers will continue until early 2016. Monetary compensation will be provided as an incentive to participate.

## Central Region

**Through With Chew Week:** February 17-23; this is an annual week-long event to draw awareness to the dangers of smokeless tobacco use. Through With Chew offers tools and resources for educators and businesses in order for them to raise awareness to their students, faculty, staff, etc. as well as to work towards providing a tobacco-free workplace.

## Northwest Region

**Madison County** - Local health unit (LHU) nurse takes pictures of breastfeeding moms and their children and showcases them on a bulletin board in our clinic room. Monthly breastfeeding support group held at Open Arms Pregnancy Center. LHU Administrator promoted breastfeeding at our safety baby showers.